

# RASPORED

# Bodyelement

| <b>PON</b>  | <b>UTO</b>                                       | <b>SRI</b>  | <b>ČET</b>                                      | <b>PET</b>  | <b>SUB</b> | <b>NED</b>   |
|---|--|---|---|---|------------|--|
|   | 10:00 - 11:00<br><b>Morning Yoga</b><br>(Irena)  |   | 10:00 - 11:00<br><b>Morning Yoga</b><br>(Irena) |   |            | 10:30 - 12:30<br><b>Ashtanga Yoga<br/>Led Class</b><br>(Marko) |
| 17:00 - 17:50<br><b>Pilates Mat</b><br>(Katarina)                 | 17:30 - 18:30<br><b>Power Yoga</b><br>(Irena)    | 17:00 - 17:50<br><b>Pilates Mat</b><br>(Katarina)                 | 17:30 - 18:30<br><b>Power Yoga</b><br>(Irena)   | 17:00 - 18:00<br><b>Prenatal Yoga</b><br>(Irena)                  |            |  |
| 18:00 - 19:45<br><b>Ashtanga Yoga<br/>Mysore Style</b><br>(Irena) | 18:30 - 19:15<br><b>Yoga 4 Kids</b><br>(Martina) | 18:00 - 19:45<br><b>Ashtanga Yoga<br/>Mysore Style</b><br>(Irena) |   | 18:00 - 19:45<br><b>Ashtanga Yoga<br/>Mysore Style</b><br>(Irena) |            |  |
| 19:45- 20:45<br><b>Power Yoga</b><br>(Žac)                        | 19:30- 20:30<br><b>Slow Flow</b><br>(Martina)    | 19:45- 20:45<br><b>Power Yoga</b><br>(Žac)                        | 19:30- 20:30<br><b>Slow Flow</b><br>(Martina)   | 19:45- 20:45<br><b>Power Yoga</b><br>(Žac)                        |            |  |

INFO: 099/300 30 20

[www.bodyelement.hr](http://www.bodyelement.hr)